

# SAES DEC 2008 Lunch Menu/5 Day Schedule

## Sure Start – 1<sup>st</sup> Grades

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1.</b> Orange Ginger Chicken Chicken Rice Broccoli & Carrots Chilled Pineapples Milk  <b>W2D5</b>	<b>2.</b> Baked Chicken Tenders Green beans Chilled peaches Garden Side Salad Whole Grain Roll  <b>W1D1</b>	<b>3.</b> Chicken Parmesan Cauliflower & carrots Chilled pears Whole grain roll Oatmeal cookie Milk  <b>W1D2</b>	<b>4.</b> Eggroll Fresh carrot sticks w/ff dip Apple quarters Elf graham Milk  <b>W1D3</b>	<b>5. ½ DAY 11AM DISMISSAL (No Lunch)</b>
<b>8.</b> BBQ Riblet Broccoli Applesauce Whole Grain Roll Milk  <b>W1D4</b>	<b>9.</b> WG Cheese Pizza Fresh Carrots & Celery w/ff dip Chilled pears Milk  <b>W1D5</b>	<b>10.</b> Turkey Sausage WG Blueberry Waffle Baked Tater Tots Banana Milk  <b>W2D1</b>	<b>11.</b> Hamburger on wg bun Oven baked potato wedges Fruit cup Milk  <b>W2D2</b>	<b>12.</b> WG Baked LF Chicken corn dog Garden side salad Chilled peaches Whole grain roll Milk  <b>W2D3</b>
<b>15.</b> Beef Frank on a bun Baked Beans Garden Side Salad Orange Wedges Milk  <b>W2D4</b>	<b>16.</b> Grilled Turkey & Cheese on WW Seasoned corn Garden side salad Fruit cup Milk  <b>W2D5</b>	<b>17.</b> Soft Taco w/cheese Carrots/broccoli, & cauliflower Chilled pears Blueberry muffin Milk  <b>W1D1</b>	<b>18.</b> Spaghetti w/meat sauce Green beans Chilled fruit cocktail Garlic toast Milk  <b>W1D2</b>	<b>19.</b> Baked chicken fries Pasta salad Cucumber & carrot Banana Dolphin crackers Milk  <b>W1D3</b>
<b>22.</b> <b>NO SCHOOL WINTER BREAK BEGINS</b>	<b>SCHOOL WILL RESUME ON JANUARY 5, 2009</b>			

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WW=Whole Wheat; WG= Whole Grain; FF=Fat Free; RF=Reduced Fat; LF= Low Fat

**LUNCH OPTIONS:** Menus are worldwide menus. A complete lunch includes one entrée, two different fruits and/or vegetables, grain and choice of milk. Under “offer versus serve”, students must take at least three of these components for a USDA meal. Students can only purchase one USDA lunch per day. Additional entrees can be purchased for \$.75. See local school cafeteria for other lunch alternatives.

# SAES DEC 2008 Lunch Menu/5 Day Schedule

## 2<sup>nd</sup> – 5<sup>th</sup> Grades

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

<p><b>1.</b> Orange Ginger Chicken <b>OR</b> Teiyaki chicken dippers Chicken Rice Broccoli &amp; Carrots Chilled Pineapples Milk</p> <p><b>W2D5</b></p>	<p><b>2.</b> Baked Chicken Tenders <b>OR</b> Chicken patty sandwich Green beans Chilled peaches Garden Side Salad Whole Grain Roll</p> <p><b>W1D1</b></p>	<p><b>3.</b> Chicken Parmesan <b>OR</b> Ham &amp; cheese on ww wrap Cauliflower &amp; carrots Chilled pears Whole grain roll Oatmeal cookie Milk</p> <p><b>W1D2</b></p>	<p><b>4.</b> Eggroll <b>OR</b> Yogurt &amp; grilled cheese on ww Fresh carrot sticks w/ff dip Apple quarters Elf graham Milk</p> <p><b>W1D3</b></p>	<p><b>5. ½ DAY 11AM DISMISSAL (No Lunch)</b></p>
<p><b>8.</b> BBQ Riblet <b>OR</b> Baked chicken drummies Broccoli Applesauce Whole Grain Roll Milk</p> <p><b>W1D4</b></p>	<p><b>9.</b> WG Cheese Pizza <b>OR</b> Cheeseburger on wg bun Fresh Carrots &amp; Celery w/ff dip Chilled pears Milk</p> <p><b>W1D5</b></p>	<p><b>10.</b> Turkey Sausage <b>OR</b> Cheese Omelet WG Blueberry Waffle Baked Tater Tots Banana Milk</p> <p><b>W2D1</b></p>	<p><b>11.</b> Hamburger on wg bun <b>OR</b> Ham &amp; cheese on ww Oven baked potato wedges Fruit cup Milk</p> <p><b>W2D2</b></p>	<p><b>12.</b> WG Baked LF Chicken corn dog <b>OR</b> Ravioli Garden side salad Chilled peaches Whole grain roll Milk</p> <p><b>W2D3</b></p>
<p><b>15.</b> Beef Frank on a bun <b>OR</b> Popcorn Chicken Baked Beans Garden Side Salad Orange Wedges Milk</p> <p><b>W2D4</b></p>	<p><b>16.</b> Grilled Turkey &amp; Cheese on WW <b>OR</b> WG Pepperoni Pizza Seasoned corn Garden side salad Fruit cup Milk</p> <p><b>W2D5</b></p>	<p><b>17.</b> Soft Taco w/cheese <b>OR</b> Chicken Quesadilla Carrots/broccoli, &amp; cauliflower Chilled pears Blueberry muffin Milk</p> <p><b>W1D1</b></p>	<p><b>18.</b> Spaghetti w/meat sauce <b>OR</b> Chef Salad Green beans Chilled fruit cocktail Garlic toast Milk</p> <p><b>W1D2</b></p>	<p><b>19.</b> Baked chicken fries <b>OR</b> Baked baja fish sticks Pasta salad Cucumber &amp; carrot Banana Dolphin crackers Milk</p> <p><b>W1D3</b></p>
<p><b>22.</b> <b>NO SCHOOL WINTER BREAK BEGINS</b></p>	<p><b>SCHOOL WILL RESUME ON JANUARY 5, 2009</b></p>			

**Grades 2<sup>nd</sup> – 5<sup>th</sup> will choose 1 Entrée and 2-5 Sides Items**

WW=Whole Wheat; WG= Whole Grain; FF=Fat Free; RF=Reduced Fat; LF= Low Fat